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# Ottawa metro



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## Women take to Hill for equality

### MOVEMENT

**Group hopes to capitalize on momentum from women's march**



**Ryan Tumilty**  
Metro | Ottawa

Canadian women's groups are calling on Prime Minister Justin Trudeau to do more to bring about gender equality in this country.

At a press conference Wednesday, the groups, which include labour unions and human rights organizations, launched a campaign aiming for better access to child care and social housing, equal pay for equal work and reproductive rights among a host of demands.

Suzie Dunn of the Canadian Feminist Alliance for International Action said recent marches against President Donald Trump around the world show that women's issues are top of mind.

"We have seen millions of women

marching in the streets. They are demanding action on women's rights," she said.

She said they know that women everywhere were inspired by the marches and want to carry on the work.

"We're hoping this is going to be a spark," she said. "People are looking for action right now. They are looking for something to do and we are hoping to provide that."

One of the issues the group would like to see immediate action on is legislation around pay equity for men and women. The Liberal government has promised to bring in new legislation around pay equity cases, but is not expected to introduce it until next year.

Barb Byers, secretary-treasurer of the Canadian Labour Congress, which is part of the campaign, said there is no reason to wait that long.

"The government should accelerate the timeline so that women don't have to wait for equal pay of equal value," she said.

She said previous pay equity cases, including many in the civil service, took years to be heard under the old system for resolving such disputes.

Justin Trudeau marks the completion of masonry work on the West Block by installing the last stone to the exterior of Mackenzie Tower in Ottawa on Wednesday.

THE CANADIAN PRESS



## ONE DOWN, MANY MORE TO GO

**PM pitches in to ambitious rehabilitation of the Parliament Buildings**

**CHANTAL HÉBERT | TRUDEAU'S WORDS NEVER MATCHED ACTIONS ON ELECTORAL REFORM | metroVIEWS**



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## METRO EXPLAINS

# EVERYONE WANTS A PIECE OF THE FARM

Examining the string of proposals for the Central Experimental Farm.



### WIND FARM

One proposal for a portion of the 1,055 acres of land was to build a collection of wind turbines. Council rejected this proposal.

### COMMUNITY GARDEN

Council also nixed a plan to build the National Botanical Garden. The group behind the proposal will move ahead with a 34-acre project near Hartwell Locks.

### TRANSIT HUB

However, councillors approved a plan to use part of the farmland to build a transitway along Baseline Road.



**Ryan Tumilty**  
Metro | Ottawa

Ottawa's Central Experimental Farm has been a 1,055-acre oasis in the heart of the city since 1886.

But its central location has also made it a target for a host of development ideas.

Using an existing access to information request, Metro obtained all the proposals that Agriculture Canada has received for a piece of the farm since 2005.

The list of requests for farm land have included some well-known and well-publicized ideas, including a new Ottawa Civic Hospital, the Baseline Transitway proposal and a National Botanical Garden.

It also included less well-known ideas: wind turbines, a climate-change research centre and a community garden.

Leslie Maitland of the Coalition to protect the Experimental Farm said pushes like these are why the land needs more federal protection, like that of a national park.

"It currently is designated

a national historical site, but designation is simply an honorific," she said. "It doesn't prevent change."

"At the very least the federal government should commit itself to protecting the national historical sites that it owns and manages," she said.

On Wednesday, Ottawa councillors approved a plan that would cede part of the farm for a transitway along Baseline Road. The agriculture ministry quickly rejected the proposal for wind-turbine and community-garden proposals.

The group behind the Na-

tional Botanical Garden proposal is moving ahead with a plan to use 34 acres of land near the Hartwell Locks.

Monique Oaks, chair of the group, said they are working with the government and are drafting a master plan for the site.

"What we are trying to do is create a 34-acre botanical garden of international appeal," she said. "We want to make it

a destination."

The group had originally hoped to break ground this year, Oaks said, but the amount of fundraising still required could jeopardize that timeline.

Oaks said their proposal is designed to complement the Experimental Farm as we currently know it.

"We want to be a window for Agriculture Canada to showcase their research," she said.



**We want to be a window for Agriculture Canada to showcase their research.** Monique Oaks

## PUBLIC TRANSPORTATION

# Council approves Baseline project



**Haley Ritchie**  
Metro | Ottawa

The city's transportation committee has approved the design of a \$148-million improvement project that would transform the Baseline Road transit route.

The project affects a 14-kilometre stretch of road between Heron Transitway station and Baseline station near Algonquin College.

The road would be widened to six lanes, with two dedicated bus lanes in the centre, to streamline trips for both buses and cars. Bus stops would be placed on a wide concrete platform separating eastbound and westbound traffic.

City staff said the dedicated lanes would mean less waiting for buses and shorter trips overall. The report presented to committee estimates riders could save 11 minutes of travel time during peak hours.

"They're in place around the world and they work very well," said transportation manager John Manconi of the bus-dedicated centre lanes.

The project has been part of the city's transportation master plan since 2012. Construction could begin as soon as 2020.

Councillors and residents had plenty of questions about the project. Among the concerns: accessibility for seniors, the cost of snow-clearing and the appropriation of both private property and land on the experimental farm.

College Ward Coun. Rick Chiarelli raised concerns over 15 private properties that the city would need to purchase if the project were to go ahead. Chiarelli said the uncertain timeline could affect owners who need to sell their homes.

River ward councillor Riley Brockington said he supported the project but that he's concerned about encroaching on the Experimental Farm.

The plan will continue on to city council on Feb. 8.





The central branch of the Ottawa Public Library. METRO FILE

# Library board OKs LeBreton Flats site

## COUNCIL

### McKenney lone holdout for downtown location

Adam Kveton  
For Metro | Ottawa

The Ottawa Public Library board has officially recommended 557 Wellington St. as the location for the city's flagship library.

After years of work, and a public-consultation process that the library's deputy CEO Monique Désormeaux called "Canada's most robust process to select a public library location," it is now up to the city to approve the site at a council meeting on Feb. 8.

Though Désormeaux characterized the site as the runaway favourite during the evaluation process, the choice re-

mained controversial for some, including Somerset ward Coun. Catherine McKenney, one of four councillors on the board and the only member to vote against recommending 557 Wellington.

Her dissent comes down to accessibility, she said.

"We had two consultations, I had an open house, I've got close to 150 emails and the overwhelming majority talk about walkability and accessibility," McKenney said.

Though accessibility — by foot, bike and public transit — was part of the board's criteria for a new site, McKenney said, the board's decision had more to do with plans and ideas for what might happen at the site than with what is there now.

"I cannot wrap my mind around how you can give a

higher mark to a site that has no segregated lanes, has no access for cycling, over one that's a block from a segregated bike lane," she said. "We are disadvantaging what's here today."

As for the argument that other development proposals for LeBreton Flats include accessible pathways, McKenney said she wouldn't count on it.

"I think that we need to be building a central library for today and for what could reasonably happen in the future," she said.

Asked about her plans for the upcoming

council meeting, McKenney said she continues to talk with her colleagues on securing library services for Centretown residents, and added she finds merit in the idea of having a mini-branch of the library located somewhere near city hall.



### The overwhelming majority talk about walkability and accessibility.

Coun. Catherine McKenney

## MUSLIM BAN

### University welcoming U.S. students

Haley Ritchie  
Metro | Ottawa

The University of Ottawa has announced new measures to help students and academics affected by U.S. President Donald Trump's travel ban.

"We were deeply concerned

to learn about the United States' executive order currently preventing individuals from seven Muslim-majority countries from entering the U.S.," said vice chancellor Jacques Frémont in a statement.

The university has outlined eight steps it's taking to help those affected, including vis-

iting appointments for American professors and waiving international fees for students who want to transfer to the Canadian school.

The university is also warning its own students who may be affected to consult the school's International Office when planning trips to the United States.

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April 11 to July 1, 2017

Evenings: 6 pm to 9 pm (9 Levels)

Saturdays: 9 am to noon (8 Levels)

#### ENGLISH AS A SECOND LANGUAGE (6 LEVELS)

April 11 to July 1, 2017

Evenings: 6 pm to 9 pm (6 Levels)

Saturdays: 9 am to noon (1 Level)

### FULL TIME

4 weeks (60 hours in class and 60 hours online)

#### FRENCH AS A SECOND LANGUAGE (6 LEVELS)

February 13 to March 10, 2017

Levels 1, 3 and 5: 9 am to noon

Levels 2, 4 and 6: 12:30 pm to 3:30 pm

#### ENGLISH AS A SECOND LANGUAGE (2 LEVELS)

February 13 to March 10, 2017

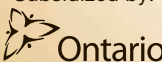
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# Empty mailboxes in East End

COMMUNICATION

## Canada Post suspends home delivery, claims ice unsafe

**Adam Kveton**  
For Metro | Ottawa

The mailboxes of 125 homes near the Aviation Parkway are sitting empty while the property manager and Canada Post blame each other for the problem.

Tenants in rental complexes on Brittany Drive near Bangs Street discovered last month that they were no longer getting their mail. The affected homes eventually received a letter from Canada Post informing them that they could pick up their mail and parcels at a depot in the area.

In an email, Canada Post spokesman Phil Legault said, "We've unfortunately been experiencing ongoing issues with mail delivery to some addresses in the Brittany Drive area."

"We've been making every



John, who lives at a rental complex near Aviation Parkway, clears snow outside his unit. Canada Post has suspended mail delivery to the property, citing safety concerns. JUSTIN TANG / FOR METRO

effort to deliver to addresses in the area despite unsafe conditions ranging from snow and ice covered walkways to open garbage in areas."

Though Legault said Canada Post has been "attempting to work with the property owners

to find solutions," a property manager with Manor Park Estates said Canada Post has been virtually silent.

"When we started getting emails from the tenants, only then did we come to know there was a problem," said the

manager, who did not want to be identified.

The manager told Metro that Manor Park Estates had reached out to Canada Post in the summer, offering a space on the property for a community mailbox but that the com-



When we started getting emails from the tenants, only then did we come to know there was a problem.

Unnamed manager

pany balked at the opportunity.

Now the property manager is installing outdoor mailboxes in an effort to fix the problem, she said. About 50 of them have been installed so far.

John, a new tenant at one of the complexes who gave only his first name, said some of the ice and snow in front of his unit was recently removed. He said he doesn't think that Canada Post is justified in suspending service to the location.

Given that mail carriers delivered to tenants' doors letters explaining the service suspension, "they should have been able to deliver mail," he said.

Legault said Canada Post hopes to resolve the matter soon but he did not list what steps must be taken for that to happen.



LAROCHE PARK

### Westfest headliners named

Westfest has announced this year's headliners, supporting Ottawa's local music scene. DeeJay NDN, Juno Award winner and founding member of a Tribe Called Red, will take the stage with Monkey Junk and Lemon Cash. They'll be joined by 32 other local bands. There's also an afterparty at the Elmdale Oyster House. Events take place on June 2 to 4 in Laroche Park.

HALEY RITCHIE/METRO

INFRASTRUCTURE

### Cities getting federal funds

Newly released documents show the Liberal government will send some \$30 million in unused infrastructure money directly to cities through a temporary top-up to the gas tax fund. The party has promised to shift unused infrastructure money to the fund, which allows cities to spend on roads, highways, transit, water and sewer systems without having to apply for federal funding.

THE CANADIAN PRESS

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# Heartbreaking return to mosque

QUEBEC CITY

## Praying will not be the same, attendants say

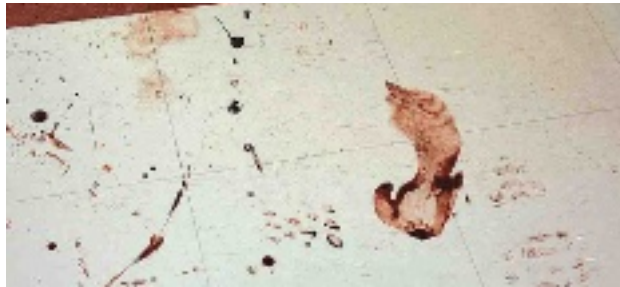
Three Muslims returned to the Centre Culturel Islamique de Québec before dawn Wednesday for morning prayers, kneeling on carpets still blood-stained from the attack that took place.

The shoes of the six men shot dead were still at the entrance. Bullet holes pierced the walls. Blood stains blemished green and beige carpets.

Hearing it was reopened, members of the congregation trickled in slowly to see their place of worship forever changed.

"It's not the same feeling that I had felt (for this mosque)," Amel Henchere said between sobs. "Before the drama this was our place of culture, our place of peace ... we'll never feel the same."

She added that it was important for her to come back to her community space, despite the grief, to fight her fears.



Blood stains are shown inside a Quebec City mosque on Wednesday. JACQUES BOISSINOT/THE CANADIAN PRESS

"It's hard for all of us to come back here and pray," agreed Ahmed Elrefai, who said there were three worshippers in attendance. "But people are urging us to open as soon as possible. So we prayed, even with the blood on the floor."

A prayer mat and toppled microphone lay at the front of the room, soiled with blood and surrounded by broken drywall from the bullet holes that pierced the walls. Bloodstains trail down stairs into the basement, where victims went into hiding after they had been shot.

Everything will change here, said Samir, who declined to give his last name, but administers the mosque's Facebook page.

Samir said police returned the keys to the congregation late Tuesday night. While the mosque is now open, he said that he doesn't believe the congregation will pray the same way again, with their backs to the door.

"We have fear behind us," he said. "I don't know how we will be able to turn our backs on that ... We have to find a way to protect ourselves." TORSTAR NEWS SERVICE

## 150 ways of looking at Canada

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## IDENTITY

### Survey asks what it takes to be 'one of us'

Who is a "true Canadian?" For the majority of respondents in a new survey, it's somebody who not only speaks English or French but also "shares Canadian customs and traditions" — a marker that Canadians prioritized more than even the Australians, French or Americans.

With an eye on nationalist movements and rising anti-im-

migrant sentiment, the Pew Research Center surveyed more than 14,500 people in 14 countries by asking: What does it take to be "one of us?"

In a report released Wednesday, Pew researchers found language was the most critical factor for how people defined a "true" member of their nation, with the Netherlands, Hungary

and United Kingdom placing the highest premium on it.

Canadians and Italians were the least likely to link language with national identity. But in Canada, 54 per cent of 1,020 respondents placed a high premium on shared "customs and traditions" when defining the Canadian identity.

TORSTAR NEWS SERVICE

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President Donald Trump holds an African-American History Month listening session in the Roosevelt Room of the White House on Wednesday in Washington, DC. AFP/GETTY IMAGES

# Black History Month talk all about Trump

POLITICS

## President discussed evils of media and own triumphs

Happy Black History Month, everyone. Have you heard about the greatness and persecution of Donald J. Trump?

The president of the United States held an "African-American History Month listening session" in the Roosevelt Room of the White House on Wednesday. He began with a five-minute monologue that was more about himself — his campaign, his popularity, his alleged mistreatment by the media — than it was about African-Americans.

"OH. MY. EFFING. GAWD. Trump's Black History Month speech is an abomination," Sil Lai Abrams, author of the book *Black Lotus*, wrote in a representative post on Twitter.

Trump's remarks bore no resemblance to the Black History Month speeches of Democrat Barack Obama, the first black president, nor did they resemble those of Republican George W. Bush. Trump appeared more interested in the evils of the media

and triumphs of his own.

His third paragraph, for example, started with a lone sentence about the Rev. Martin Luther King Jr. It was followed by 10 sentences of media criticism.

Trump said King's "incredible example is unique in American history." Immediately, he pivoted to his oft-repeated gripe about a Time reporter's erroneous claim — which the reporter quickly corrected and apologized for — that he had removed a King bust from the Oval Office after moving in.

"You read all about Dr. Martin Luther King a week ago when somebody said I took the statue out of my office. And it turned out that that was fake news," Trump said.

Trump did not spend any more time discussing the other black icons he mentioned. About Frederick Douglass, the 19th-century slavery abolitionist and writer, Trump said in full: "Frederick Douglass is an example of somebody who's done an amazing job that is being recognized more and more, I notice."

He did not show that he was aware of the nature of Douglass's work or life. Neither did press secretary Sean Spicer when asked for clarification of Trump's comment. TORSTAR NEWS SERVICE

## + YEMEN

### Trump makes unannounced trip to honour fallen Navy SEAL

Assuming the sombre duties of commander in chief, President Donald Trump made an unannounced trip Wednesday to honour the returning remains of a U.S. Navy SEAL killed in a weekend raid in Yemen.

Chief Special Warfare

Operator William "Ryan" Owens, a 36-year-old from Peoria, Illinois, was the first known U.S. combat casualty since Trump took office. More than half a dozen militant suspects were also killed in the raid on an al-Qaida compound. More than a dozen civilians were also killed in the operation.

THE ASSOCIATED PRESS



## GLOBAL DIGEST

UNITED KINGDOM

### Brexit inching closer

Britain moved closer to leaving the European Union Wednesday as lawmakers backed a bill authorizing divorce proceedings and kept alive the government's plan to trigger Brexit talks within weeks.

The House of Commons decisively backed the bill by 498 votes to 114, sending it on for committee scrutiny.

The result was a victory

for the Conservative government, which had fought in court to avert the vote out of fear Parliament would impede its Brexit plans.

Lawmakers also defeated a "wrecking amendment" proposed by the Scottish National Party that sought to delay Britain's exit talks with the EU because the British government has not disclosed detailed plans for its negotiations.

THE ASSOCIATED PRESS

IRAN

### U.S. puts Iran 'on notice'

The White House issued a cryptic warning Wednesday that the U.S. will act against Iran unless it stops testing ballistic missiles and supporting Houthi rebels in Yemen, but declined to say what retaliatory actions the U.S. would pursue.

Michael Flynn, President Donald Trump's national security adviser, forcefully denounced Iran's behaviour in his first public remarks

since Trump took office.

He accused Iran of threatening U.S. allies and spreading instability throughout the Middle East while faulting the Obama administration for doing too little to stop the Islamic Republic.

"As of today, we are officially putting Iran on notice," Flynn said from the White House podium.

On notice for what, Flynn didn't say.

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## CHANTAL HÉBERT ON THE PM'S BROKEN PROMISE



**It is fair to ask whether Trudeau was ever serious about keeping his word to Canadians (on electoral reform). From day one, his government's actions never matched his words.**

As recently as his town hall tour Trudeau was insisting that he was still interested in changing the voting system.

In early December, the prime minister similarly told the Star editorial board that he remained committed to having a new system in place by 2019.

"I make promises because I believe in them... Canadians don't expect us to throw up our hands when things get difficult," he proclaimed.

But things, as it turned out, never had a chance to get difficult.

For it is fair to ask whether Trudeau was ever serious about keeping his word to Canadians. From day one, his government's actions on the file never matched his words.

With a clock ticking on the logistical feasibility of replacing the first-past-the-post system in time for 2019, it took months for a special parliamentary committee to be set up.

Once it was in place, the government never advanced a position or tried, in any way, to craft the consensus that it now says it has failed to find.

For months on end, the opposition parties and Canadians alike were left to try to divine Trudeau's thinking.

At times, it was as if the Liberals were going out of

**The government seemed more concerned with burying any hint of a consensus than unearthing one.**

their way to ensure that no pattern could be discerned in the tea leaves they purported to be guided by.

They rejected both the notion of putting various options to a consultative

that they were taken for a yearlong ride, and it is hard to disagree with them.

As the sole elected MP of her party, Green leader Elizabeth May did double and triple duty last fall to

to act as irritants in dealing with the new White House. The plan to legalize marijuana comes to mind.

The election of Donald Trump has brought about a major reallocation of government resources on Parliament Hill. But it would be easier to find virtue in the government's timing if it had shown one ounce of political will to fulfil its promise in the full year that preceded the American election.

Or if Trudeau had not continued to maintain he still meant to go through with changing the voting system months after Trump's victory.

The prime minister could have come to Canadians this week to say he had underestimated the time required to reform the system and that he needed to push back the deadline for achieving his goal beyond 2019. But Wednesday's announcement was about pulling the plug on the plan, not about recasting it.

Canadian voters are a forgiving lot. The assumption by Liberal government strategists that most will not be inclined to punish Trudeau for breaking a promise that never ranked high in the electorate's list of priorities is probably right.

After all, a plurality of Canadians did not hold it against Jean Chrétien that he broke the more central promise to replace the GST.

There are parallels. Both commitments were shiny Liberal platform objects that turned out to be little more than cheap props. Plus ça change!

**Chantal Hébert** is a national affairs writer. Her column appears in Metro every Thursday.



**PLUS ÇA CHANGE** The Liberals' retreat on electoral reform echoes Jean Chrétien's abandonment of his vow to replace the GST, Chantal Hébert writes. ADRIAN WYLD/THE CANADIAN PRESS

referendum or of asking Canadians for their preference in the massive online consultation they engaged in at the end of last year.

In politics, a consensus is not like a rare mushroom only to be found by an extraordinarily lucky hunter. In any event, in this case, the government seemed more concerned with burying any hint of a consensus than unearthing one.

It is true that the exercise did not elicit much appetite for a ranked ballot, Trudeau's preferred alternative to the first-past-the-post system. But then it is not as if the government even tried to make a case for it.

The opposition parties feel

## VICKY MOCHAMA

### Face it: Politics and pigskin come as a pair

For the first time, I'm ever-so-slightly cheering against my own team. I am a New England Patriots fan and even I have to admit this amounts to being a Trump supporter.

In late 2015, a reporter noticed that Patriots quarterback Tom Brady had a Make America Great Again hat in his locker. When asked if he thought Trump would make a good president, Brady said, "I hope so. That would be great." He has since been banned from talking about politics by his wife, Gisele Bündchen.

Despite what Gisele wants, football is inseparable from politics and always has been. From the civil-rights actions of players in the '60s to today's issues around domestic violence and concussion science, the politics of the pigskin reflect the politics of the day.

The Patriots are owned by Robert Kraft, an ardent Trump supporter. And head coach Bill Belichick, though unwilling to say it out loud, is enough of a fan that he sent Trump a letter of support. The man barely speaks to media; what is he doing writing a whole letter?

When I would explain where the Patriots fandom lies in the football landscape, I used to say, "It's like cheering for Scar in the Lion King." Since the team's leadership is firmly pro-Trump and bound for another Super Bowl, I'll probably add, "Now imagine if Scar won the Electoral College but not the popular vote."

As a black person, I can't even believe I'm in the position of cheering for a team so white they have men in

Minutemen regalia who fire muskets at the end of a touchdown.

I get even more distraught when thinking about the opposing team: the scrappy Atlanta Falcons. Where the Pats are rooted in white Bostonian culture, the Falcons are a reflection of Atlanta's rich black life. Michael Vick, a former quarterback, wrote for *Players*, "... it meant a lot to me to be able to give the black kids of Atlanta their very own black quarterback."

Arthur Blank, the Falcons' owner, is noted for his philanthropy and generosity to Democratic Party causes. He's also Jewish, and recently criticized Trump for omitting Jews from his Holocaust remembrance message.

There's not even a break from politics during commercial breaks. Budweiser's Super Bowl ad shows the immigrant origin story that led to the creation of beer giant Anheuser-Busch InBev. (InBev came much later via mergers and acquisitions. I look forward to that commercial.) A handful of others carry a political message: KIA would like you think about the environment, Audi has some questions about gender equity (the answer is: buy an Audi); even GoDaddy winks at women in tech.

In its loud, contradictory and hyper capitalist way, the Super Bowl distills the complicated nature of our politics. Every day we vote with our choices. So sometimes, in cheering for the Patriots, I, like many, find myself rooting against my interests.

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## A GUIDE TO TELEVISION ZOMBIES

The Walking Dead's return is a week away, but here's something to sate your appetite, zombie fans: **Netflix's Santa Clarita Diet**, dropping Friday. Drew Barrymore's suburban realtor mom with a gory secret is the latest addition to the ever-growing roster of TV's undead. **Here's a primer on five shows to catch this year with varying degrees of humour, heart and braaaaaains.** Minor spoilers follow. **EVA LAM/METRO**

### The Walking Dead (AMC)

**What's the zombie science?:** The z-word is never used: biter, the infected and, oddly, geek are other sobriquets. Every human is infected with a virus that re-animates them after death, unless the brain is destroyed. We may never know the whole story; creator Robert Kirkman said defining the outbreak's origins isn't a priority. **How traditional are the zombies?** Like the gold-standard Romero zombie, walkers are relatively slow and not terribly intelligent. While the undead present a very real danger, TWD's various human villains drive home the message that Man Is The Real Monster, **which makes this series ideal for fans of:** Night of the Living Dead, 28 Days Later. **Mid-S7 premieres Feb. 12.**



### Z Nation (Syfy)



**What's the zombie science?** The Centers for Disease Control-dubbed ZN1 virus is responsible for turning the world into a zombie wasteland, and as with TWD, only brain trauma can kill a victim. A sole human, a prisoner named Murphy, appears to be immune to infection three years after the initial outbreak. **How traditional are the zombies?** Hey Walking Dead, Z Nation sees your melted walkers and raises you irradiated zombies and zombie-plant hybrids.

Aside from these fancy outliers that appear in a few episodes, the zombies of Z Nation are generally faster than those of TWD, especially when they are "fresh." And without giving too much away, did someone say zombie telepathy? **For fans of:** Resident Evil, From Dusk Till Dawn. **S4 premieres later this year.**



### Santa Clarita Diet (Netflix)

**What's the zombie science?** Drew Barrymore's Sheila Hammond has an epic pukefest, dies and wakes up craving tasty human flesh. The "why" isn't entirely clear but hey, on to the wacky hijinks. **How traditional are the zombies?** Sheila's no shambling, dead-eyed ghoul. She resurrects with heightened energy and confidence; as she perkily tells her concerned yet supportive husband Joel, she may eat people but she "can also parallel park in one move now." **For fans of:** Dexter, United States of Tara. **Series premieres Feb. 3**

### iZombie (The CW)

**What's the zombie science?** This is one sports drink that should come with a whopper of a warning: The popular in-universe Max Rager beverage, taken in combination with a street drug, has the side effect of zombie-ism. Humans can also be turned through sexual contact or a scratch, the latter being how our hero Liv Moore becomes iZombie. **How traditional are the zombies?** Liv craves brains, and if she goes without for too long she becomes dumber and more aggressive. Liv finds a steady source of non-living brains through her job at the medical examiner's office. Each brain she eats gives her the person's memories and personality for a short time, and like an undead Nancy Drew she uses her newfound powers to help solve the person's murder. **For fans of:** Veronica Mars, Dead Like Me. **S3 premieres April 4.**



### Glitch (Netflix)



**What's the zombie science?** The mystery behind the resurrection of a group of strangers in the fictional Australian town of Yoranna is a major plot point. Hints are dropped about the involvement of a shady pharmaceutical company as a police officer and a doctor investigate the events. **How traditional are the zombies?** The risen notably do NOT crave brains and other than some initial confusion and amnesia appear to be in perfect health, whether they've been dead for two years or 200, with all their original personality and skills, including, in one character's case, playing the piano. They're preoccupied with all-too-human matters like love triangles and estate disputes. **For fans of:** The Returned, The OA. **S2 premieres later this year.**

### OPINION

## Queen Bey could lift veil on mom issues

**Melita Kuburas and Genna Buck**  
Metro Canada

Beyoncé is about to become an even busier mom: The superstar announced Wednesday she is pregnant with twins, expanding her family with husband Jay Z and daughter Blue Ivy.

Beyoncé is known for her activism — she has sampled a rousing speech on feminism by writer Chimamanda Ngozi Adichie in *Flawless*, criticized police brutality, and also campaigned

for Hillary Clinton. So here are four critical maternal-health causes that could benefit from having Queen Bey sprinkle her unique influence and impact on them:

**1) Global maternal health**  
The number of maternal deaths globally per year has gone down an astonishing 45 per cent since 1990, even as the population grew by 2 billion people. But that progress is fragile, and could be jeopardized by the strict conditions President Trump has ordered upon U.S. family planning

funding in the developing world.

**2) Vaccination**  
Celebrity support — mostly from Z-listers like Jenny McCarthy — has fanned the flames of anti-vaccination conspiracy theories, lending them legitimacy and leading to real-world consequences, like the resurgence of measles and whooping cough in North America. One Instagram photo of Bey and the twins getting their shots could help turn the crazy train around.

**3) Parental leave**

The United States is still the only industrialized country with no guaranteed paid maternity leave. Queen Bey could use her privileged position to advocate for women — especially low-income and minority women — who get by with a whole lot less.

**4) Breastfeeding**  
The pressure to conform to "breast is best" ideology because of breastfeeding's health benefits has led to a brutal battle in the ongoing mommy wars. If Beyoncé opened up about her own nursing, or made a point

to support women no matter how they choose to feed their babies — she could go a long way to healing the rift.

Yes, we recognize this multi-hyphenate woman will have a lot to worry about with a new brood and thriving career. But on Instagram she has already shown she celebrates the beauty and power of a pregnancy, so we think Beyoncé would approve of using this opportunity as another reminder of women's health, and how it's under threat by the current American presidency.



**Beyoncé announced her pregnancy on Instagram.**



# Ducking and diving behind secret doors of old Montreal



Heather O'Neill was eager to return to the environment of early 20th-century Montreal and does so with relish in her new novel, *The Lonely Hearts Hotel*. SUPPLIED

## INTERVIEW

### Heather O'Neill mixes modern issues in sultry, classic setting

**Sue Carter**  
For Metro Canada



Heather O'Neill was raised on stories about Montreal's seedy underworld, thanks to her father, who grew up in the Quebec city during the Depression. While most of North America was dry under Prohibition law, 1930s Montreal gained a well-founded reputation as a sin city where the alcohol still flowed and the riotous fun ran past dawn. St-Laurent Boulevard was lined with vaudeville cabarets drawing in some of the world's biggest acts, while St-Catherine Street attracted crowds of both locals and tourists, not to mention the American military, there looking for a good time.

"There were brothels and secret doors, and booze and drugs," says O'Neill. "It was notoriously wild." The port cleaned up somewhat at the end of the 1940s after the American Navy threatened to stop its soldiers from docking because too many of them were coming home with venereal diseases, but the city of saints never lost its appeal as a party destination.

O'Neill was first inspired to write about the era's grit and glam while in her early twenties. She became preoccupied with the idea, hoping to turn her various sketches of gangster-like characters into a book, but felt it was beyond



her abilities then as a young writer. And so she filed her stories away in the proverbial drawer, and continued on with other projects, including her 2006 award-winning debut novel *Lullabies for Little Criminals*, which established O'Neill as a fresh, exciting new voice in CanLit and a successor to Mordecai Richler as Montreal's literary patron saint. After finishing her second novel, 2015's *Giller Prize*-shortlisted *The Girl Who Was Saturday Night*, O'Neill decided take another crack at another story set in early 20th-century Montreal with her new novel, *The Lonely Hearts Hotel*.

The book follows the troubled lives of two orphans, Rose and Pierrot, raised in an orphanage by malevolent nuns who viciously abuse them in horrifying ways.

But the two rise above the violence, connected through some kind of otherworldly energy that especially sparks when Rose performs her mesmerizing dances accompanied by Pierrot's piano. The two are

separated for years, but reunite to fulfill a childhood dream of creating a magical circus performance — a revue filled with smart-talking showgirls and sad clowns.

While the novel could be easily read as a love story or a modern fairy tale, *The Lonely Hearts Hotel* also draws on existentialism and post-modern feminist thinking, mostly emerging through Rose's radical thoughts and forceful nature, which never wanes despite the desperate situations she encounters throughout her young life.

"I applied darker observations that I've had as a woman in the world," O'Neill says. "So many of the issues that we're facing now are exactly the same. It's so frustrating."

Although she reaches back in time, *The Lonely Hearts Hotel* also features many of what have become O'Neill's signature themes and character types. There are plenty of drugs and sex.

There is unrelenting poverty and heartbreak, gangsters and prostitutes, and an eccentric cast, whom despite their flaws, readers can't help but root for. While O'Neill's previous novels both featured complex familial relationships, for this book she was drawn to the idea that people without blood ties could form their own family, and be free to imagine their own histories, regardless of where they came from.

"I like the idea of characters writing their own narratives, who previously had no narratives," O'Neill says. "They have the ability to write their own past."

Sue Carter is the editor at Quill & Quire magazine.

## BOOK BRIEFS

### It's sadder by the sequence

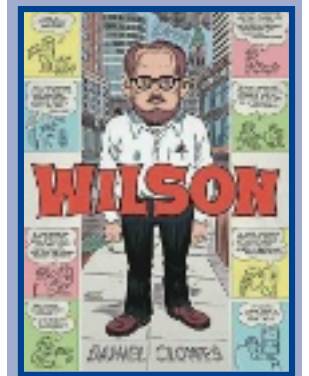
**Wilson**  
By: Daniel Clowes; Publisher: Drawn and Quarterly; \$19.95; 128 pages  
Wilson's hard to like, but easy to relate to. That's the cleverness of creator Daniel Clowes.

This slice-of-obnoxious-life cartoon book is getting a new edition from D&Q this month, in time for the movie version, starring Woody Harrelson and Laura Dern, which is due out on March 24.

In the book, the story plays out in newspaper-style single-page cartoon, each a vignette from the life of a middle-aged loner. Many of the little gag strips are laugh-out-loud funny, as Wilson floats through unremarkable locations, engaging with people (whether they like it or not) to tell them why they're wrong.

But — and this is the clever bit — the story that ties together while reading these strips in sequence is sadder. Wilson seems funny, no-nonsense and iconoclastic, but then there's the slow realization that he's horrible, and unhappy, and flawed. It's all great stuff.

MIKE DONACHIE/METRO

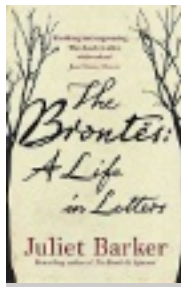


## 4 BOOKS THAT HELP CELEBRATE CREATIVE WOMEN

From prolific writers, to an acerbic comic and a queen of cuisine, these engrossing reads focus on famous female trailblazers. TORSTAR NEWS SERVICE

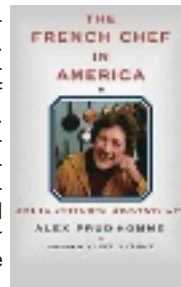
### The Brontës

**The Brontës: A Life in Letters** was published 20 years ago as a companion to The Brontës, Juliet Barker's prize-winning biography, and has been reissued to commemorate the bicentennial of the births of sisters Charlotte, Emily and Anne. The letters provide an immersive experience in understanding how they worked together to give their storytelling genius to the world.



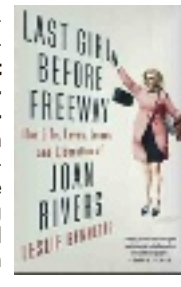
### Julia Child

Alex Prud'homme, the grand-nephew of Paul Child, Julia's diplomat husband, collaborated with her on *My Life in France*, the 2006 memoir that he completed after she died in 2004. **The French Chef in America** describes the quarter-century after her return from France, where she morphed from "the French chef," teaching Americans how to cook, into a celebrity in her own right.



### Joan Rivers

Leslie Benett's begins **Last Girl Before Free-way** with Joan Rivers, at age 54, sitting on a bed with a gun in her lap. She'd lost her late-night talk show, lost her mentor, Johnny Carson, lost her husband, Edgar, who had killed himself, lost Melissa, her daughter, who blamed Rivers for her dad's death. But instead of using that gun, she drew on perseverance, hard work and comic genius.



### Margaret Wise Brown

Margaret Wise Brown wrote *Goodnight Moon* and *The Runaway Bunny*, those ubiquitous children's picture books. She died too soon, at age 42, but seems to have lived a privileged, enviable existence during her short life. **In The Great Green Room** delves into her love of parties; intense affairs with both men and women; and her life as a prolific author.











MEET THE CONDO

JADE FLATS RIVERSIDE

## A growing community



CONTRIBUTED

### Project overview

Richcraft has just started construction on a new block of condo flats with closing dates beginning in December 2017. The block is the newest part of their site called Jade Flats located in Riverside South. The neighbourhood also has multiple finished units that can close in as little as two weeks.

### Housing amenities

Jade Flats are built with nine-foot ceilings and wide-open designs to create light-filled spaces. The units' current bonus includes hardwood flooring, granite countertops, central air, three stainless steel appliances and a washer and dryer. Each unit also has its own parking space.

### Location and transit

The flats have multiple amenities nearby, such as banks, grocery stores, medical services and many other shopping options. There is an OC Transpo transit station with numerous routes only a few minutes away. The Vimy Memorial Bridge increases commuting options by connecting Riverside South to Barrhaven.

### In the neighbourhood

Riverside South is a growing area that combines established neighbourhoods with newer developments. The community is mixed with first-time home buyers, families and down sizers. New schools and parks are just minutes away. Plus, the Rideau River allows residents to enjoy meandering trails and boating excursions. ILANA REIMER/FOR METRO

### + NEED TO KNOW

**What:** Jade Flats Riverside  
**Builder:** Richcraft  
**Designer:** David Blakely Architect  
**Location:** Off of River and Earl Armstrong Roads  
**Building:** Condo flats  
**Size:** 1,070 square feet to 1,270 square feet.  
**Pricing:** Starting at

\$230,100  
**Model:** Two bedrooms, two bathrooms  
**Status:** Now selling  
**Occupancy:** Any time  
**Sales centre:** 744 Brian Good Ave.  
**Phone:** 613-491-0834  
**Website:** richcraft.com

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THE ASSOCIATED PRESS



# Brady and Belichick's secret recipe

## SUPER BOWL

### Ex-Patriot Sam says it's their desire to prove themselves

They're pro football's dynamic duo, the crusty head coach and ageless quarterback, chasing yet another Super Bowl title.

But former Patriots receiver P.K. Sam believes it's a burning desire to constantly prove themselves that sets New England's Bill Belichick and Tom Brady above the rest in the NFL.

"It's a rare case of two people being on the same page," Sam, also a former CFL player, said via telephone. "They both had a lot to prove and I think they just came together and said, 'No matter what, we're going to do this.'"

"It's something I don't think we'll see again in our lifetime."

Belichick became New England's head coach in 2000, five years after being fired by the Cleveland Browns. Brady, now 39, arrived months later as a sixth-round draft pick despite a 20-5 record as a two-year start-



Tom Brady and Bill Belichick continue to make history as a QB-head coach tandem in New England. BILLIE WEISS/GETTY IMAGES

er at Michigan. They'll make a record seventh Super Bowl appearance together Sunday when New England faces the Atlanta Falcons. A win would be their fifth, the most for a head coach-quarterback tandem.

The six-foot-three, 210-pound Sam knows a thing or two about Belichick and Brady. The former Florida State receiver was a 2004

fifth-round pick by New England and spent two seasons there, receiving a Super Bowl ring as a 21-year-old rookie. Since '01, New England has the NFL's most regular-season (196), playoff (24) and Super Bowl wins (four). Belichick and Brady have been a constant for a franchise forever tweaking its roster.

Sam, 33, appeared in two of

New England's first five games in 2004 before going on injured reserve with a groin injury. Sam said he locked horns with Belichick about the move because it cost him roughly US\$70,000 in salary and Sam felt he could've returned later that season.

Sam went to the reserve/suspended list in January 2005 after violating team rules. He wasn't

with the Patriots when they beat the Philadelphia Eagles 24-21 in Super Bowl XXXIX.

"What people don't know was back in my day if you were drafted after the third round, you had what was called a split contract," said Sam, now working in IT sales in Dayton, Ohio. "If you went on IR, your contract was split in half. 'It was a case of me standing my ground and obviously he stood his. But I took it too far, I made a mistake and showed up late one day and that was kind of the final straw.'"

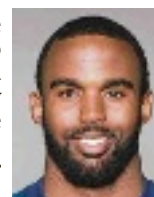
Sam also played for Cincinnati, Oakland, Miami and Buffalo as well as Toronto (2008-09, 2011) and Calgary (2010) in the CFL. He remained upset about the New England suspension until 2012 when while listening to a radio program he heard someone say, 'Until you wish success for people, you yourself will never receive it.' That prompted Sam to write an

apology to Belichick, stating he hoped one day they could meet and shake hands. That happened months later at the Super Bowl in Indianapolis where the Patriots lost 21-17 to the New York Giants.



### It's a rare case of two people being on the same page.

P.K. Sam on Brady and Belichick.



P.K. Sam

GETTY IMAGES FILE

to the younger guys.

"It doesn't matter if you're on IR or the practice squad, you're still part of the team and your actions can help or hurt the team going into Super Bowl Sunday."

Time has given Sam a new perspective on Belichick's tough-love approach. "It's difficult when you're young but as an older guy now what he teaches you lasts beyond football," Sam said. "Accountability and the slogan that's become famous and attached to his name: 'Just do your job.' That's life. THE CANADIAN PRESS

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## SUPER BOWL

### Fallen pivot Vick hopes Falcons soar

Michael Vick never led the Atlanta Falcons to the Super Bowl. His career with the team ended in disgrace. Yet no one is rooting harder for the Falcons to win their first championship.

"A lot of people are surprised when they find out how passionately I've been rooting for the Falcons this season," Vick wrote a 4,300-word letter posted Wednesday on The Players' Tribune website. "They assume that there is some sort of tension between us, some level of bitterness. And even when I tell people that it isn't the case, I have a feeling they may not exactly believe me."

Vick was perhaps the most dynamic player in franchise history, a quarterback who revolutionized the position with both his passing and running skills.

But after six years with the Falcons, a stint that included two playoff appearances and one trip to the NFC championship game, Vick was sent to prison in 2007 for running a dogfighting operation. While serving his time, the Falcons drafted Matt Ryan, handed him the starting quarterback job and cut all ties with Vick.

In his letter, Vick said he always thought he would get a chance to rejoin the team be-



Michael Vick. GETTY IMAGES

cause of his unique bond with the city.

"I wanted to lead the Falcons to the Super Bowl," he wrote. "In my mind, even from a prison cell, there was at least one thing I hadn't lost: I was still the Atlanta Falcons quarterback."

While at the Leavenworth federal penitentiary in Kansas, Vick learned the Falcons had taken Ryan with the No. 3 overall pick in 2008. Heartbroken, he finally realized there was no going back to Atlanta, at least as a member of the home team.

Vick played five years for the Philadelphia Eagles and had backup stints with the New York Jets and Pittsburgh Steelers. He did not play this past season and will reportedly hold a retirement bash the night before the Super Bowl in Houston.

THE ASSOCIATED PRESS

## IN BRIEF

### Drones banned for big one

The Federal Aviation Administration is warning that drones won't be allowed in the airspace around the Super Bowl between the New England Patriots and the Atlanta Falcons on Sunday in Houston.

The FAA said in a statement Wednesday that certain aircraft operations including drones will be prohibited within a 34.5-mile radius of NRG Stadium from 4 p.m. to 11:59 p.m. on Sunday. FAA Administrator Michael Huerta says, "Drones are becoming popular, but they also pose certain safety risks."

THE ASSOCIATED PRESS



### There's a great deal more work to be done

NFL commissioner Roger Goodell on rumblings of the Raiders' move to Las Vegas



MAKE IT TONIGHT

# Budget-friendly Spiced Flank Steak with Chimichurri Sauce



PHOTO: MAYA VISNYEI

**Ceri Marsh & Laura Keogh**  
For Metro Canada

- 2 tsp lime juice
- 1 Tbsp white wine vinegar
- 1 tsp anchovy paste
- 1/2 tsp salt
- 1/8 tsp pepper

## Directions

1. For chimichurri: Place all chimichurri ingredients in blender. Process, shaking blender if necessary, until smooth. Pour into a serving bowl.
2. For steak: Preheat broiler. Coat a broil pan with cooking spray. Combine salt, coriander, cumin and oregano and pepper, and sprinkle over both sides of steak. Place steak on pan and broil 4 minutes per side. Transfer to a cutting board and allow to rest 5 minutes. Cut against grain into 1/4-inch wide strips. Serve with chimichurri spooned on top and a fresh greens and sliced cherry tomatoes.

FOR MORE MEAL IDEAS, VISIT  
SWEETPOTATOCHRONICLES.COM

This recipe features inexpensive flank steak with an herb sauce that packs five-star flavour.

## Ready in 25 minutes

Prep time: 10 minutes  
Cook time: 15 minutes  
Serves 4 to 6

## Ingredients

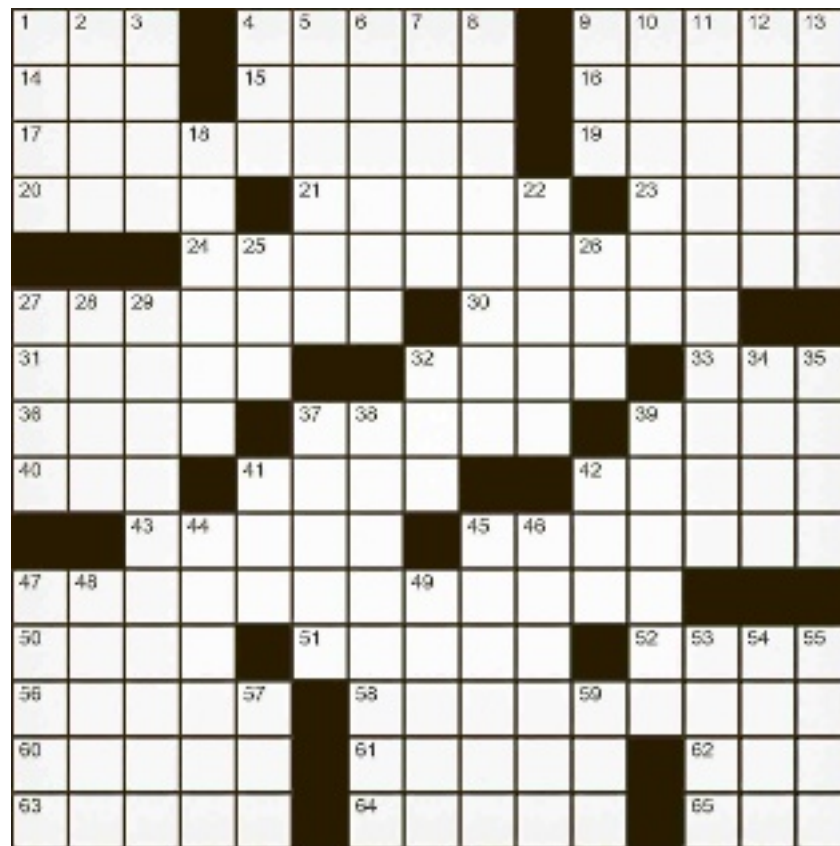
- 1 beef flank steak (900 kg)
  - 1/2 tsp salt
  - 1/2 tsp coriander
  - 1/2 tsp cumin
  - 1/4 tsp oregano
  - 1/4 tsp pepper
- For the Chimichurri**
- 1/2 cup packed fresh basil
  - 1/2 cup packed fresh flat-leaf parsley
  - 1/2 cup packed fresh cilantro
  - 1/4 cup extra-virgin olive oil
  - 1 clove garlic, roughly chopped

# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

1. Implore
4. Rice/sea-weed roll
9. Charming spots to sit and sip, such as in Old Montreal
14. Madonna movie role
15. 19th-century composer Mr. Bruckner
16. Toward the stern
17. Sleeping time in the army: 2 wds.
19. Montcalm's 1759 Battle of Quebec opponent
20. To boot
21. Seven-plus-One
23. "Sole Survivor" band
24. Town in southern Alberta about an hour west of Lethbridge: 2 wds.
27. Conquers
30. Chirpers
31. \_\_ squash
32. Restaurant chain, with Bell
33. Strong little boat
36. " \_\_ the Boss?"
37. Give a guess
39. Destiny
40. Negative word
41. Crooked
42. Fable's lesson
43. Bobby Hull's son
45. Detectives
47. Village in western Saskatchewan, sounds like a perfect place from the name: 2 wds.
50. Opposin'
51. Prometheus,



for one  
52. Montreal's world fair in '67  
56. Hostel  
58. Secretly listen in on  
60. Georgia who played Georgette on "The Mary Tyler Moore Show"

61. Put into heard words  
62. Appropriate  
63. Open court hearings  
64. Mr. Towel  
65. Go-ahead-er's answer

## DOWN

1. "Dracula" (1931) name  
2. Downright nasty  
3. Practical jokes  
4. Idled  
5. Like a letter that never went into the mailbox  
6. Ancient Greece: Followers of Zeno

of Citium  
7. Dancer/actress/singer Julianne  
8. A sure thing: 3 wds.  
9. Cornfield cry  
10. "All \_\_!" (Call from the train)  
11. Runner's mistake on the track: 2 wds.

12. \_\_ White, Jennifer Hudson's Oscar-winning role in "Dreamgirls" (2006)  
13. Montreal \_\_ Spice (Seasoning sort)  
18. Dreamers  
22. In the blink of an eye  
25. Mr. Somerhalder  
26. \_\_-Magnon man  
27. Aurora  
28. Reverberate  
29. Overpass for pedestrians  
32. Famed tomb king, commonly  
34. Beehive State  
35. Hair salon goos  
37. Comprehend: 2 wds.  
38. Most fidgety  
39. Broke a sports rule  
41. \_\_ & Breakfast  
42. "Alice" diner operator  
44. New York \_\_, Mark Messier, once  
45. Electric \_\_ (Beard trimmer)  
46. \_\_ algebra  
47. The \_\_ Diet ('Cave-man' diet)  
48. Suffering  
49. Stage, as of a cycling event, in France  
53. Hospital photo  
54. Vatican bigwig  
55. Chooses  
57. "Desperate Housewives" cast member ...her initials-sharers  
59. Sun's spot

# \* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
Your enthusiasm for something will make bosses and parents sit up and listen. Just make sure your ideas are doable and realistic. Nevertheless, enthusiasm is contagious!

**Taurus** April 21 - May 21  
You're excited about big travel plans, because you want to go places! You also enjoy studying lofty topics and having profound discussions about philosophy, religion and politics.

**Gemini** May 22 - June 21  
If you have to decide how to divide an inheritance or share something today, you will be more than generous. This is why you must be sure to take care of your own best interests.

**Cancer** June 22 - July 23  
Conversations with partners and close friends are upbeat and friendly today. You're in the mood to schmooze and have fun!

**Leo** July 24 - Aug. 23  
You have great ideas at work today because you are enthusiastic about something. You will find it easy to get others to climb on board and endorse what you want to do. Work-related travel is likely.

**Virgo** Aug. 24 - Sept. 23  
This is a playful, fun-loving day! Make plans to socialize with others. Enjoy sports events, fun activities with children and romantic get-togethers. Have fun!

**Libra** Sept. 24 - Oct. 23  
You have big plans today about future repairs for where you live. However, this also is a great day to have the gang over for good food and drink.

**Scorpio** Oct. 24 - Nov. 22  
You are optimistic today. You're pondering big ideas and big projects. This is all well and good, but just make sure that what you want to do is doable.

**Sagittarius** Nov. 23 - Dec. 21  
This is a great day for business and commerce. Whatever you do today could possibly boost your income, because you have moneymaking ideas.

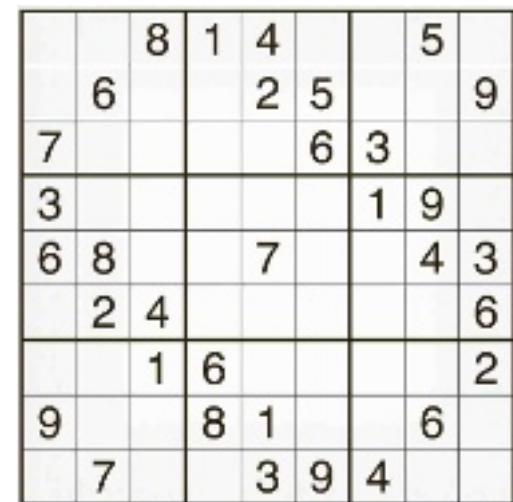
**Capricorn** Dec. 22 - Jan. 20  
Today Mercury is in your sign, dancing with lucky moneybags Jupiter. This makes you full of big ideas. Others will be attracted to your enthusiasm and positive frame of mind.

**Aquarius** Jan. 21 - Feb. 19  
This is a pleasant day! Whatever you do, you will feel confident about the future and your upcoming plans. You value your privacy today.

**Pisces** Feb. 20 - March 20  
This is a great day to hang out with younger people and have fun. You will enjoy interacting with clubs, groups and associations. You feel positive about your future goals.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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